

School-Wide Newsletter

Club are officially in operation.

Last week, ASA clubs were officially established and have been fully operational. They include sports activities such as tennis, volleyball, basketball, and badminton; artistic activities like drama, yearbook, and handicraft club; and academic competition activities such as AI, robotics, Chinese& English MUN, and English conversation. From next week, the club members will be fixed, and the students will enter a well-organized club schedule. They will explore their interests, improve their skills, make lifelong friends, and enhance their comprehensive qualities through a variety of club activities.

Aerobic Dance Class for Moms

To continue fostering connection within our school community, we are excited to offer a free Aerobic Dance Class for YHIS & YIA moms. This six-week course will run from Tuesday, September 1 to Tuesday, October 20, every Tuesday from 8:20 to 9:20 am, with no class on September 29 and October 6.

The class will once again be taught by Mrs. BoKyoung Lee, a professional dance instructor. Designed for beginners, the class will feature simple and fun movements—including aerobics, Zumba, and rhythm boxing—to promote both health and confidence. No prior dance experience is required—just bring comfortable clothes, some energy, and a smile!

Class Details

- Dates: Every Tuesday from September 1 – October 20 (6 weeks) except for September 29 & October 6
- Time: 8:20 –9:20 am
- Location: 5th-floor Indoor PE Space
- What to bring: Water bottle, comfortable clothes, yoga mat, indoor athletic shoes

Space is limited. If you are interested, please sign up by completing the registration form by Thursday, August 27.



We look forward to another joyful season of dancing and connection together!

Attendance Policy

Parents should send a message to homeroom teacher by 7:30 am on the day their child will be unable to attend school. The specific reason for the absence should also be given at this time.

Students should not be sent to school if they have:

1. Severe colds
2. Fever (above 99.86°F/37.7°C)
3. Nausea or vomiting
4. Diarrhea
5. Undetermined rash or spots
6. Lice

Parents should not give medicine in the morning to reduce fever, and then send their child to school.

If a student is sent home with fever, diarrhea, or vomiting, the student may not return to school the next day.

Students may return to school:

- Nasal discharge or phlegm is clear
- No fever for 24 hours (no medication to reduce fever for 24 hours)
- Has not vomited or had diarrhea for 24 hours

MAP® Testing

As part of the LifePlus network of schools, YIA is conducting the Measures of Academic Progress (MAP) tests as a form of standardized testing from Monday, September 7, to Thursday, September 24. The MAP test is designed for students from HS-pre to 10th



Grade. Different grades will test at different times. Students take the MAP test in the fall, winter, and spring each school year.

MAP tests determine your child's instructional level and measure academic growth, both throughout the school year and from year to year, in the areas of Math, Language, Reading, and Science. MAP tests are unique in that they are adaptive tests. That means that the test becomes more difficult with the more questions your child answers correctly. When your child incorrectly answers a question, the test becomes easier. Therefore, your child will take a test specifically catered to his or her learning level.

Since MAP Growth tests provide immediate and accurate information about your child's learning, teachers use this information to identify students with similar scores that are generally ready for instruction in similar skills and topics. They then plan their instruction accordingly so that students learn optimally.

There is no additional studying that students need to put in for this test. Rather, the test serves as an assessment tool for where a student's levels are currently. The school is excited to focus on your child's individual growth and achievement.

Lunch Menu Updates

As part of our ongoing efforts to enhance the school lunch experience, we are transitioning from country-themed menus to a more flexible, choice-based system. With this new approach, students will have greater variety and more choice in their meals.

On Mondays, Tuesdays, Wednesdays, and Fridays, students will choose four dishes from seven available options. Each meal will also include rice, soup, kimchi, seasonal fruit, and other standard side dishes. On Thursdays, students will choose one of three special meal options, served with a beverage and the usual side dishes.

To begin, we will pilot this new system with a two-week rotating menu. Based on feedback and any necessary adjustments, we plan to expand it to a four-week cycle in the future.

You can view the lunch menu [HERE](#).

Parent Open House

The Secondary Parent Open House will be postponed. Detailed information will be shared with you soon.

Lunch Menu

	MONDAY 星期一	TUESDAY 星期二	WEDNESDAY 星期三	THURSDAY 星期四	FRIDAY 星期五	
SOUP 汤	Kimchi Tofu Soup#* 豆腐辛奇汤#*	Egg Soup**# 香葱蛋汤**#	Mushroom Cream Soup*& 双孢菇奶油汤*&	Special Meal 特色餐 ↓ CHOOSE 1 选一个	Soybean Paste Soup*# 白菜蘑菇大酱汤#	
MAIN 主菜 ↓ CHOOSE 2 选两个菜	① Stir-fried Sausages and Vegetables** 蔬菜炒火腿肠* ② Chicken Stroganoff^^& 炸鸡斯特罗格诺夫^& ③ Braised Pork Ribs with Seaweed#* 海带排骨#*	① Fish Fillet**^# 炸鱼块**^# ② Tomato&Vegi Beef dish 西红柿炖牛肉菜 ③ Western-style Roasted Pork Neck* 西式烤猪颈肉*	① Sweet and Sour Fried Chicken^^ 炸鸡块^^ ② Hamburg Stea*&^ 汉堡牛排*&^ ③ Yu-Shiang Shredded Pork* 鱼香肉丝*		① Braised Pork Ribs* 炖猪排* ② Tteokbokki*#&^ 玫瑰奶油炒年糕*#&^ ③ Stir-fried Shrimp with Celery*# 芹菜炒虾仁*#	
SIDE DISH 配菜 ↓ CHOOSE 2 选两个菜	① Braised Potato* 酱油炖土豆* ② Stir-fried Broccoli + Mushroom* 炒蘑菇西兰花* ③ Stir-fried Tofu Rolls with Bell Peppers#* 彩椒炒豆卷#* ④ Cobb salad with wrench sauce &^ 科布蔬菜沙拉&^	① Kimchi Pancake* 辛奇饼* ② Mashed potato*& 土豆泥*& ③ Stir-fried Choy Sum with Mushroom* 香菇油菜* ④ Salad with Cherry Tomatoes 西红柿沙拉	① Steamed Egg^^ 蒸鸡蛋^^ ② Roasted vegetables 烤蔬菜 ③ Stir-fried Shredded Potatoes* 炆土豆丝* ④ Apple Cabbage Salad^ 苹果卷心菜沙拉^		① Bibimbap#**^ 拌饭#**^ ② Spaghetti Bolognese* 意大利面博洛尼亚* ③ Braised Pork Knuckle Rice 肘子饭 + Juice 果汁	① Stir-fried Glass Noodles* 杂菜* ② Black Bean Dish 炖黑豆菜 ③ Scrambled Eggs and Tomato^^ 西红柿炒鸡蛋^^ ④ Potato Salad^ 土豆沙拉^
DAILY SIDES 每日供应	Kimchi & Seasonal Fruit / 泡菜 & 水果					

Allergies:

*Wheat

#Seafood

&Dairy

^Eggs

@Nuts

*If a salad is served with a specific dressing, the allergens are listed on the menu. However, for the salad with optional dressings, the allergens are not listed.